

MICRONEEDLING AFTERCARE

Thank you for undergoing microneedling treatment at our clinic. To ensure optimal results and a smooth recovery, please follow these aftercare instructions:



1. Immediate Care:

- Avoid touching your face for at least 4 hours post-treatment.
- Do not apply any makeup for at least 24 hours.



2. Skin Care:

- Use a gentle cleanser and avoid exfoliating products for a week.
- Apply a hydrating serum and moisturiser to keep your skin moisturised.



3. Sun Protection:

- Avoid direct sun exposure and apply a broad-spectrum sunscreen with SPF 30 or higher.
- Refrain from picking or scratching any treated areas.



4. Avoid Irritants:

- Refrain from using retinoids, vitamin C, and alpha hydroxy acids for at least a week.



5. Hydration:

- Drink plenty of water to keep your skin hydrated.



6. Follow-Up:

- Schedule follow-up treatments as recommended by your provider for best results.

Contact Information:

If you experience any unusual symptoms or have concerns, please call our clinic at 01753 893383.

